# COMMUNITY EDUCATION

WINTER 2024

## **Parent/Tot Swim**

Enjoy time with your toddler in the relaxation of the pool. Instructor

will work to get child acquainted to the water.

Dates: Wed., Jan. 17, 24, 31; Feb. 7, 14, 21, 28; March 6

Time: 5:00 - 5:30 PM Instructor: Monica Tesmer

Location: Colby High School Pool

Fee: \$25.00 for 8 lessons (\$15 for 2nd child - SAME FAMILY)

Registration Deadline: January 4 (Limit 25 students/class)

### **Swim Lessons**

This program is designed for young children with limited swimming ability who are at least 42 inches tall. Children will be placed together according to ability. Lessons will be limited to 25 students per session. Registration will be on a first come, first serve basis. The Colby pool staff is fully certified with CPR, First Aid, Lifeguard Training, and as Water Safety Instructors or Assistants. Students will be tested on the first day of lessons and placed in their appropriate levels.

Dates: **Mon.**, Jan. 15, 22, 29; Feb. 5, 12, 19, 26; March 4

Time: 5:30 - 6:15 PM **OR** 6:30 - 7:15 PM

Instructor: Brooke Tesmer

OR

Dates: Wed., Jan. 17, 24, 31; Feb. 7, 14, 21, 28; March 6

Time: 5:45 - 6:30 PM **OR** 6:45 - 7:30 PM

Instructor: Monica Tesmer

Location: Colby High School Pool

Fee: \$35.00 for 8 lessons (\$20 for 2nd, 3rd, 4th child - SAME FAMILY)

Registration Deadline: January 4 (Limit 25 students/class)

# **Open Swim**

Take a night off to relax with the family and enjoy a good "float". Bring your flotation devices and enjoy time splashing with the family. Children **MUST** be accompanied by an adult/parent in the water.

PRE-REGISTRATION IS REQUIRED.

Dates: Mon., Jan. 15, 22, 29; Feb. 5, 12, 19, 26; March 4

Time: 7:15 - 8:15 PM

Location: Colby High School Pool

Fee: \$10.00 Single Pass / \$25.00 Family Pass

Registration Deadline: January 4

# Water Aerobics/Lap swim

An excellent opportunity for individuals to stretch, tone the muscles and improve the body's aerobic system! Water creates resistance which makes you work hard, yet sup- ports the body preventing those aches and pains from exercising on dry land. No swimming skill is required. You do not need to get your face or hair wet.

Dates: Wed., Jan. 17, 24, 31; Feb. 7, 14, 21, 28; March 6

Time: 7:30 - 8:30 PM Instructor: Monica Tesmer

Location: Colby High School Pool

Fee: \$30.00 for 8 Classes

Registration Deadline: January 4

#### Walk for Life!

Cold temperatures, rain, snow, sleet stopping you from walking? The Colby High School and Middle School are available for people interested in walking in a climate-controlled environment. The schools are available for walking every day school is in session.

Hours: 6:30 - 7:45 AM and 3:45 - 5:30 PM (REGISTRATION NOT REQUIRED)

Payment required with registration, just click below.

#### **REGISTRATION FORM**

#### \*\*WEATHER CANCELLATIONS\*\*

If school is cancelled due to bad weather, all buildings will be closed that same evening. All cancellations will be sent out via the school app, posted on the District website at www.colby.k12.wi.us and broadcast on 99.3 FM.

For more information please contact Kristen Seifert kseifert@colby.k12.wi.us or 715-223-2301, Ext. 2

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